



Ali Vincent
America's first female
winner from NBC's
The Biggest Loser

*The Howard College Foundation Speaker Series, in partnership with
Scenic Mountain Medical Center's Healthy Woman program, proudly presents:*

"Believe It. Be It."

with Ali Vincent

Monday, September 13 • 7 pm

Dorothy Garrett Coliseum on the Howard College Campus
A ticket is **required** for admittance to this FREE event.



Laugh and learn with Ali Vincent as she shares her physical, mental and emotional journey of becoming the Biggest Loser. She will teach us what choices we can make to fully live our own lives and succeed.

A book signing will follow the presentation and Ali Vincent's book, *Believe It, Be It: How Being the Biggest Loser Won Me Back My Life*, will be available.

For more information, or to reserve your FREE tickets, visit howardcollege.edu
or call Cynthia Weeks at **432-264-5161**, or visit smmccares.com or call Kim Howell at **432-268-4842**
or Anita Cline at **432-268-4721**.

Healthy Woman is a free community resource from Scenic Mountain Medical Center designed to provide women of all ages with the information they need to maintain a healthy body, mind and spirit.

Membership is free, and the benefits last a lifetime.

Twice a year, the Howard College Foundation Speaker Series presents speakers whose accomplishment, leadership, and/or public achievements bring new insight and enrichment to the community.

HEALTHY WOMAN™
A SCENIC MOUNTAIN MEDICAL CENTER RESOURCE

