

The road to recovery

Let our team of therapists pave your way

Senic Mountain Medical Center (SMMC) is ready to take care of all your therapy needs. Our rehabilitation team of skilled and experienced therapists works closely with you and your physician to make sure that your every need is addressed and taken care of quickly and conveniently. Our outpatient clinic provides:

- **Physical therapy**, focusing on mobility, strength, movement and pain issues. Our therapists will design an individualized plan of care to improve your strength, balance, endurance and mobility, which in turn will help relieve your pain.
- **Occupational therapy**, focusing on improving activities of daily living. Our therapists may assist you with problems with bathing, dressing, good hygiene and eating. They'll also help with your elbow, wrist and hand problems and customize a care plan to meet your needs.
- **Speech therapy**, focusing on tasks that improve communication skills, cognitive thinking and swallowing dysfunctions. An expert will assess, treat and help prevent disorders with speech, language and swallowing.

SERVICES PROVIDED AND CONDITIONS TREATED

Services can be provided with a physician referral and will be performed in our therapy gym, conveniently located in SMMC. Common conditions treated and services provided include:

- therapy for back, neck, shoulder, hand, hip, knee and foot injuries and pains
- treatments for postsurgical patients
- programs for chronic pain, stroke, neurologic disorders and balance
- treatments for speech dysfunction and swallowing disorders for all ages

SMMC's rehabilitation department helps you return to the level of functioning you had before your injury or surgery. Your physician is an important part of the rehabilitation process; our staff works closely with your physician to make sure the lines of communication stay open and quality care is provided. We want our clinic to be the first choice for patients and physicians alike.



SMMC's rehab team includes (l-r): Omar Samaniego, P.T.; Donna Wennik, P.T.A.; Michael Himmelman, P.T., M.S.; Patricia Tidwell, COTA; and Teresa Merrick, secretary. Not pictured are Becky Carter, O.T.



Get back on your feet!

To bounce back with physical, occupational or speech therapy, call SMMC rehabilitation at (432) 268-4565 or visit www.smmccares.com/rehab. Our clinic is located on the first floor of SMMC, at 1601 W. Eleventh Place. We look forward to hearing from you soon.